



Skin Classic After Care Advice

- After a Skin Classic Treatment it is common for skin to feel irritated. There is some downtime for healing. It typically takes anywhere from 3-10 days before the skin is smooth again.
- When the Skin Classic probe comes into contact with the epidermis, redness and some crusting may form on areas treated.
- **DO NOT** pick at the crusting; prematurely removing the crust may cause hyper-pigmentation or scarring! Crust should fall/slough off after 3-10 days. After crust sloughs off treated areas, the skin may be pink. Be sure to wear SPF 30 or higher.
- If the area is still irritated at the end of the day, a clean baggie of frozen peas works well to relieve irritation (10 minutes on, 10 minutes off, repeat as needed). Follow icing with a gentle moisturizer.
- Keep your skin clean and moisturized during the day and night.
- Makeup may be worn over moisturizing sunscreen.
- Moisturizing sun block **MUST** be worn and reapplied during the day, every day -even if it is rainy or snowy! Sun block is your defense against anti-aging.
- **AVOID** direct sunlight or tanning bed following treatment. Sun exposure following treatment may cause hyper-pigmentation or scarring.
- During this time it is important to baby your skin with gentle products; when cleansing the face or showering use mild products.
- Pat dry instead of rubbing to prevent removal of crust.
- **DO NOT** use any other form of exfoliation, peeling, waxing, depilatory or bleaching products for 30 days.

If you have questions, call 262.268.0900 or email Jennifer.RayofLight@gmail.com